



ARE YOU READY FOR SOME CRAZY CARDIO TENNIS?

SATURDAY

APRIL 23rd

9:00-11:00am

Come join the fun!
Play to the sound of energetic music

Experience a full body workout with Cardio Tennis while we run drills and have fun playing out the points! No tennis experience required, all levels are welcome!

and get a cardio workout with Ashley!

Members: \$40 | Non-Members: \$50



FUN TENNIS DRILLS



POINT SCORING



ALL LEVELS-ADULTS ONLY



ENERGETIC MUSIC

RSVP by Thursday, April 16th

Register online through Member's Portal/Event Calendar. Space is limited!





